

Ara Rēhia o Pōneke

Wellington Walks



1. Wellington Botanic Garden

10 mineti - 2hr, he rerekē te roanga

He tirohanga ātaahua, he āhuatanga mīharo kei ia pito. Kei roto i ngā māra nei he ngahere tauhou, he ngahere taketake, he whakaari putiputi, me ngā māra ā-kaupapa. Mauria mai he tina kia pai ai tō noho mō te rā katoa, me puta rānei i te tari mō te wā poto ki te whakata.



2. Te Ngahere o Otari-Wilton

10 mineti - 2.5hr, he rerekē te roanga

Tipakohia tētahi o ngā ara hīkoi poto huhua i te māra tipu motuhake o Aotearoa i whakatapua mō ngā tipu taketake anake. Wheakotia te ara hīkoi o runga i ngā rākau mā te puihi taketake. E tika ana te ara Skyline Loop Walk 4.5 kiromita mō te hunga e pakari ana te tinana - he tūpoupou, he uaua ki ētahi wāhi.



3. Te Moutere o Matiu

10 mineti - 1hr, he rerekē te roanga

Whakawhiti atu mā runga kaupuke ki te tūhura i te kuru tongarere o Te Whanganui-a-Tara (nō muri mai i tētahi tirohanga bio-security!). E whakarauorahia ana tēnei moutere kōnihi-kore, ā mōhoa nei ka noho hei kāinga mō te huhua o ngā momo taketake tata korehāhā. He kōunga ake nei ngā ara hīkoi e āhei ai koe ki te nuinga o te moutere. E tūwhera ana ia rā.



4. Wrights Hill Loops

Huringa Tahī 1.5hr, 2.4km; Huringa Rua 45 mineti, 1km

Tirohia te pā o Te Pakanga Tuarua o te Ao, rapua ngā manu puiaki, tirohia ngā tirohanga ātaahua. Kua marumaruru te nuinga o tēnei ara, heoi he hōrakerake ki ētahi wāhanga.



5. Te Ara o Tairāwhiti

2hr, 2.5km

He whārahi te titiro atu ki Te Whanganui-a-Tara me Te Tangihanga-a-Kupe. Peka atu ki te Tohu Maumahara o Atatūrk ki runga ake i a Te Kokoru o Tarakena, ā, whai atu i te ākau kia tae atu koe ki te pā o Ōruaiti kia kitea ngā pā tawhito me ngā hanganga ope taua kei Fort Dorset. He tūpoupou, he hōrakerake kei ētahi wāhi. He rongonui a Breaker Bay mō te hunga kiri kau.



6. Te Ahumairangi Loops

Tōwaitanga tōiti 1.5hr, 1.4km; Tōwaitanga tōrahi 2hr, 2.4km
Tae ki runga ake i te pokapū o Pōneke ki Te Ahumairangi. E hīkoi mā te puihi taketake kua whakahouhia me te ngahere paina o mua tawhito mō ngā tirohanga ātaahua rawa. He tūpoupou ki ētahi wāhi.



7. Te Ara o Ngā Tūpuna

2hr, 3.5km (ahutahi)

Hoki kōmuri ki ngā wā o mua ā, whāia ngā tapuwae o te iwi tuatahi i nōhia ai Te Whanganui-a-Tara. Hīkoi mai i Pipitea Pā ki Te Aro Pā, ki Te Pāka o Waitangi kia kitea ai te āhua o te noho o ngā tūpuna i ngā wā o onamata.



8. Brooklyn Wind Turbine Route

2hr, 7.8km (ahutahi)

Tūhuratia te whakarauoratanga o ngā ngahere ki Te Whenua Rāhui o Polhill, ā, tirohia ngā tirohanga ātaahua rawa o te tāone nui. Ka kaha whakamahia te ara nei e ngā kaikeke paihikara, e ngā kaioma - e ngā manu taketake hoki nō te āhuru mōwai tata. Mai i te tihi o te tiriti o Aro, whāia ngā ara Transient, Sawmill, Fenceline me Windmill.



9. Te Ara Tangi-te-Keo

1.5hr, 4km

He poto noa iho te tawhito mai i te pokapū o te tāone nui. Haere mā roto i ngā ngahere paina tawhito, ā, tirohia ngā tirohanga pārekareka o te whanga, o te tāone nui hoki.



10. Te Ara Pariwhero

2-3hr, 8km (hokinga mai)

Wheakotia te wāhi tarakaka rawa o te ākau tokatoka o te tonga o Pōneke. Ā, i te hōtoke, tūtakihia ngā kekeno kei tua o Pariwhero kei Rimurapa - heoi me kua e whakatata atu! Ko te ara ngāwari mai i Te Kokoru o Ōwhiro ka hipa atu i ngā whare tawhito i hangaia i te tīmatanga o ngā tau 1900's. Kua rāhuitia te ara 4WD hei ngā Rātapu. He hōrakerake ēnei ara mēnā e kaha pupuhi ana te hau mai i te tonga.



11. Khandallah Park Loop (Mt Kaukau)

3hr, 4.2km

Piki ake ki te karamatamata o Kaukau Maunga mā ētahi o ngā ngahere taketake o Pōneke. Tirohia ngā kōura kei te wairere, ā, āta rapua ētahi o ngā manu taketake. He tūpoupou i ētahi wāhanga.



12. Te Ara o Mākara

3-4hr, 6km

Hikioia te ākau tarakaka o te hauāuru o Pōneke mō ngā tirohanga ātaahua rirerire o Mana, o te moutere o Kapiti, o Te Waipounamu hoki. Tirohia te kapohau nunui rawa, te pā tūwatawata o mua me te hanganga pū nui. He wāhi hōrakerake tēnei, ā, he ara tūpoupou ki ētahi wāhi. Ka pai tō eke i te ara nei hei te wā o te tai timu.



13. Te Ara o Taitonga

4-5hr, 10.7km (ahutahi)

Tirohia te kitenga ātaahua rawa o te tāone nui mai i Te Whanganui-a-Tara ki te ākau o te taitonga. Hīkoi mai i Ōmarukaikuru ki Taputeranga. Ka taea te whakatutuki i ngā wāhanga o tēnei ara e hiahiatia ana, ka mutu, he ngāwari ki te whakauru i te ara ki te tihi o Matairangi (Mount Victoria Lookout). Whakawāteahia he 30 mineti ki te hoki mā runga pahi. Tūpoupou ana ki ētahi wāhi.



14. Te Ara o Tūāraki

5-6hr, 15.4km (ahutahi)

Hīkoi mai i te Tūnga Tereina o Raroa ki te Botanic Garden, e kitea aingā tirohanga ātaahua rawa o te tāone nui, te whanga, ngā pae maunga me te moana huri, huri noa. Tūhuratia ngā ana pīrere, me ngā whenua rāhui tawhito rawa o Pōneke nei. E tūpoupou ana ki ētahi wāhi, ā, ka taea te whakatutuki i ngā wāhanga e hiahiatia ana. Whakawāteahia he kotahi hāora ki te hoki mā runga pahi, tereina rānei.



15. Te Ara o Toirangi

5-6hr, 13.8km (ahutahi)

Hāerere mā ngā tuakahiwi i te taumata ki runga o te Outer Green Belt mai i Mākara Saddle ki Johnsonville mā te ara i Kaukau Maunga. Ka whakamahia hoki tēnei ara e ngā kaikeke paihikara maunga, ā, i ōna wā he ara whakapātaritari. Kua hōrakerake katoa ngā tuakahiwi, ā, he wā tōna ka kaha rawa te huarere. Ka taea te whakatutuki i ngā wāhanga o tēnei ara e hiahiatia ana. Whakawāteahia he kotahi hāora ki te hoki mā runga pahi, tereina rānei.



16. Te Ara o Uta ki Tai

6-7hr, 14.3km (ahutahi)

Haere mai i te urupā o te tiriti o Bolton ki te Pāka o Shorland i te ākau i te taitonga o Taputeranga. Toro atu ki te Wellington Botanic Garden, tūhura i te pāka o Pōneke ki te Town Belt, ā, tirohia ngā tirohanga mīharo rawa ki runga ake o Pōneke, o Te Moana o Raukawa hoki. E pai ai tō whakatutuki i te hīkoi nei i te rangi kotahi, me pakari tō tinana. Ka taea hoki te whakatutuki i ngā wāhanga o tēnei hīkoi e hiahiatia ana. Whakawāteahia he 30 mineti ki te hoki mā runga pahi.



17. Te Ara Paparārangi

1.5hr, 5km (ahutahi)

Ka kiia mā tēnei ara hīkoi e kitea ai ngā tirohanga pai rawa atu o Te Whanganui-a-Tara mā te Harbour Escarpment mai i te pāka o Waihinahina i Newlands. Whakawāteahia he 30 mineti ki te hoki mā ngā tiriti.



18. Wind Turbine to Red Rocks Route

3-4hr, 11.7km (ahutahi)

Mai i te tūnga waka o te Wind Turbine whai atu i ngā ara kua tohua: I te tuatahi Windmill kia tae atu koe ki Carparts Ext, huri katau ki te ara o Barking Emu, kātahi ka whai atu i te ara o Pariwhero mā ngā tuahiwi kia tae atu koe ki te ākau. Hoki atu ki Te Kokoru o Ōwhiro mā te ara (10) Hīkoi Takutai o Pariwhero/Red Rocks Coastal Walk. Hōrakerake ana te āhua o tēnei ara.



19. Redwood Bush Loop

1hr, 2.5km

Tūhuratia ngā tipunga tawa me ngā ngahere porokapa i tēnei hīkoi whakamere. Mai i Braenose Place hīkoi mā te ngahere tāroaroa, ka whiti atu i te tiriti o Peterhouse ka kitea ētahi rākau matai me ētahi rākau rātā i mua i tō hokinga atu mā Oriel Avenue, mā te ara ōrite rānei.



20. Johnston Hill Loop

1hr, 2km

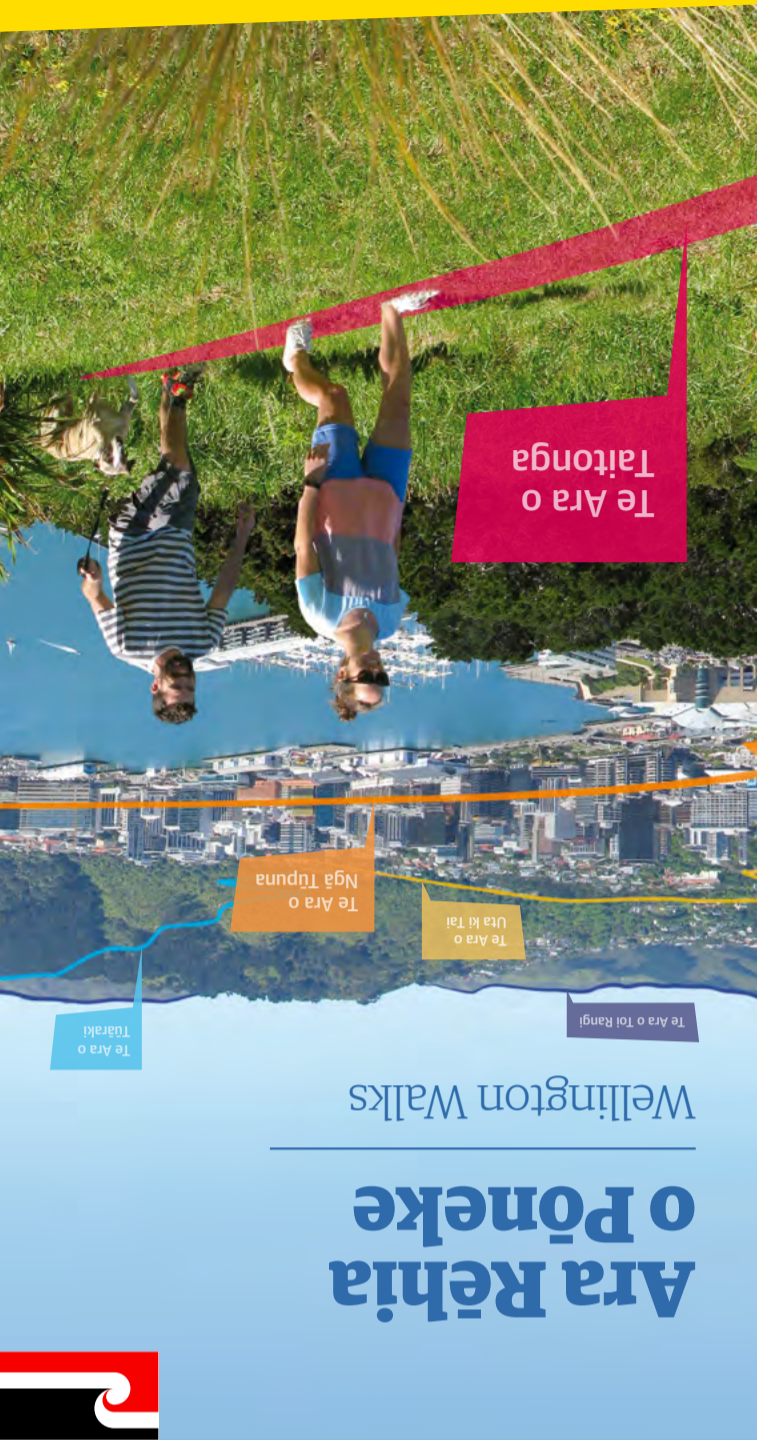
Mai i te tihi o te tiriti o Hatton i Karori, whai atu i te ara mā te ngahere porokapa/tawa me ngā rākau kohekohe kua whakahouhia. Hīkoi whakarunga ki te karamatamata kia tirohia ngā tirohanga whānui, ā, hoki atu anō ki te tūnga waka.



Te mahere

Te whakahaere nā Te Kaunihera o Pōneke	Hīkoi wā poto
Te whakahaere nā Te Papa Atawhai	Ara hīkoi
Me here tō kurī ki te taura - tēnā kohia te tūtae o tō kurī	Mā te tūru wirā
Te Ngākau Civic Square	Kia tūpatō ki Ngā kekeno
	Ara paihikara maunga
	He whaipānga

He kōrero anō, ngā mahere me he hīkoi paki - haere ki wellington.govt.nz/walks



Ara Rēhia o Pōneke Wellington Walks

Ki te hiahia koe ki te toro atu ki ētahi o ngā wāhi mīharo o Pōneke, whakatōmenea ētahi o ngā tino ara hīkoi.

Ko te Ara Rēhia o Pōneke tau nā kaiārahi ki ētahi o ngā hīkoi poto, ngā ara tōwai, me ngā ara hīkoi o tō tātou tāone nui.

Ahakoā te āhua o ōu piropiro, he ara hīkoi mā te katoa - ahakoā tāu e rapu nā he hīkoi ngāwari mā ngā pāka me ngā mārā hei whakangā i te wairua, he wero rānei kia hīkoi huri rauna i te ākau. He tirohanga rerehua kei ia hīkoi, ā, mō te nuinga o ngā hīkoi he poto noa iho te wā mai i te pokapū tāone nui.

Wāhi kē atu hei tūhura

Kāore i tua atu i ngā tātahi o Pōneke mō ngā hīkoi poto. Ko Scorching Bay, ko Oriental Bay ētahi o ngā tino wāhi. Mō ētahi anō kōrero mō ngā tātahi o Pōneke, toro atu ki te paetukutuku o wellington.govt.nz/beaches

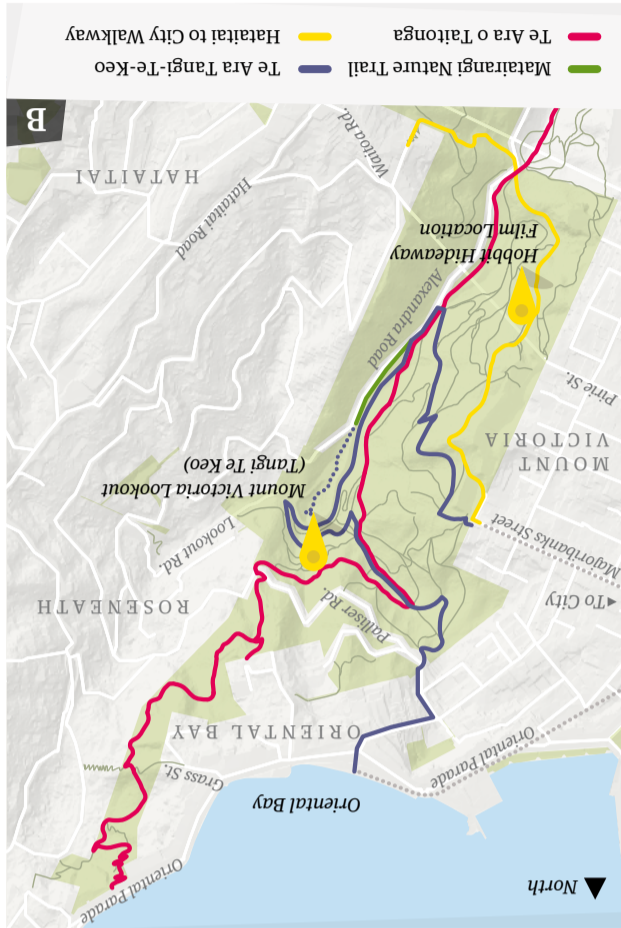
Herea tāu kurī i mua i tō hīkoi i ēnei ara, ā, e kore rawa ngā kurī e whakaaetia ki ngā moutere o Matiu, o Mākara hoki. E whakaaetia ana kia wātea tāu kurī ki ngā wāhi here-kore pērā i te Pāka o Seton Nossiter me te taha rāwhiti o Lyall Bay. Mō ētahi anō kōrero mō ngā wāhi whakaoma kurī, toro atu ki te paetukutuku o wellington.govt.nz/dog-exercise

He maha ngā ara e whakaaetia ana kia whakamahia e te hunga ngākaunui ki te eke paihikara maunga, tauhou mai, mātanga mai rānei. Haere ki te Pāka o Makara Peak Mountain mō ētahi anō mahi eke paihikara pārekareka, toro atu rānei ki te paetukutuku o wellington.govt.nz/mountainbiking

Mō tētahi mahere o tēna, o tēnā ara hīkoi tirohia wellington.govt.nz/walks

Tirohia te taupānga kore-utu a Welly Walks, ki reira kitea ai ngā hīkoi me ngā kura huna o Pōneke - ngā whenua tāpui, ngā ngahere, ngā pāmu, me te ākau tokatoka o te taha tonga; ngā tūtou whenua me ngā wāhi hitori, ngā toa i te hapori me ngā tirohanga ātaahua. Toro atu ki te paetukutuku: wellington.govt.nz/wellywalks

He Kōrero anō



Ahakoā te pai o ngā ara hīkoi, kia mataara - e tūponu ana ki ētahi wāhi.

Mataitangi

Pōneke Niwhaniwha

Kua waihangatia a Pōneke e ngā rū whenua, kua pūnguru ngā puke tunaake e te hau, kua whakairohia hoki ngā hāpua e te wai. Nā ngā huarere kaha rawa te takutai tuaranga.

Ko ō tātou ngahere taketake e manaaki ana i te pūnaha hauropi taurikura o ngā manu, o ngā mokomoko, o ngā ngārara hoki. Ki te hiahia kite atu i ngā waihotanga iho o te ngahere porokapa/kohekohe-tawa, toro atu ki te pāka o Khandallah, ki te ngahere o Otari-Wilton hoki, koia te mārā tipu anake o Aotearoa i whakatapua mō ngā tipu taketake.



Kererū



Kākāriki



Kārearea

E tere piki haere ana tō tātou taupori manu taketake. Kei te kaha kitea te tūi, te kākā hoki. Me kanohi hōmiromiro rawa e kitea ai ngā momo pēnei i te kererū, i te kākāriki me te kārearea - ka kaha kitea ēnei ki ngā ngahere puta noa i te tāone nui. Kei te tipu hoki te taupori o ngā mokomoko me ngā kawau taketake, heoi, me uaua ka kite i a rātou!

E pūmau ai tō wheako ki ngā momo katoa o Aotearoa, toro atu ki Te Māra a Tāne, ki Te Whare Kararehe o Pōneke rānei. Ka kitea ngā ngārara taketake pēnei i ngā ngārara rākau, i ngā pūrerehua ki Te Ngahere o Otari-Wilton

Kaitiakitanga

- Kaua e whiu noa i ō para.
- Whakaahuatia noa, kaua e tango, e raweke.
- Whai koha atu ki ngā momo ngārara/kararehe/manu katoa.
- Whakamōhio atu ki Te Papa Atawhai pēnā he raru ohotata ā-taiao - Waea atu ki **0800 DOC HOT**.
- Kawea ngā ngārara/kararehe/manu kua whara ki - Te Kōhanga ki te Whare Kararehe. Waea atu ki **04 381 6755**.
- Tautohua, tohaina hoki ngā momo katoa ka kitea e koe ki inaturalist.nz, mā te taupānga rānei o iNaturalist.

Te Urutanga o te Hapori

Ka whakawhanake, ka tiaki hoki te Kaunihera o Pōneke me Te Papa Atawhai i ngā ara hīkoi o tō tātou tāone nui. He mea tautoko hoki nā ngā rōpū pērā i a Wellington Mountain Biking Club, ngā Kaitautoko o Mākara Peak me ētahi atu rōpū.

He hononga kaha rawa tō Pōneke ki tōna taiao, ā, he whānui tā te hapori tautoko i ngā kaupapa whakarauora i te taiao, patu hoki i ngā riha. Ko te nuinga o ēnei mahi ka kawea ake e te hunga tūao. Mēnā he hiahia nōu ki te awahina atu, rapua tētahi rōpū ki te paetukutuku o naturespace.org.nz.



Moko Kākāriki

Tiakina ō rawa

- Rakaina ngā waka, hunaia āu rawa. I a koe i runga i ngā ara, puritia āu taputapu.
- Mēnā koe ka kite i ētahi mahi hihira, waea atu ki Crimestoppers mā te nama waea **0800 555 111**.
- Ki te tūpono he kaupapa ohotata, waea atu ki **111** mo ngā Kaipatu Ahi, ngā Pirihimana, ngā Waka Tūroro rānei.



Ahakoā te pai o ngā ara hīkoi, kia mataara - e tūponu ana ki ētahi wāhi.

Te Ahumaitangi

Kia Mataara

Nau anō te haepapa o tō haumarutanga. I mua i tō haere, kia mahara ake ki ēnei ture e tima:

1. Whakamaheretia tō hikoinga. Kua āta tohuna ngā ara hīkoi, heoi tirohia tō mātonu paetukutuku e kitea ai ngā mahere me ngā tāipitipito mō tēnā, mō tēnā ara hīkoi.

2. Whakihia tō hikoinga ki tangata kē atu. Waiho ake ngā tāipitipito o tō hikoinga ki tētahi atu, whakamahia hoki a adventuresmart.org.nz

3. Tirohia te huarere - ka tere huri i Pōneke nei.

4. Me mōhio ki tāu e taea ai, ka tiaki.

5. Me rahi te kaimere rahi hoki te wai.