

Need a hand?

Wellington City Services

Food

Soup Kitchen 

132 Tory Street | 04 385 9299

Monday-Saturday.

Breakfast 7.45-8.45am, dinner 4.45-5.45pm

We seek to support people in need to live with dignity in the community. We promote access to services, participation in the wider community and engagement in meaningful and productive activities.

Accommodation

Wellington Night Shelter



304 Taranaki Street | 04 385 9546

5.20pm and 7.30am

Crisis and transitional accommodation for homeless men 18+

Short-Term Crisis Accommodation (cubicle style rooms, shared bathrooms, access to hot drinks and laundry facilities) - Direct access/self referral check-in between 5.30pm-9pm only. Guests must vacate building by 7.30am. Vacancies allocated on a first come first served basis.

Transitional Accommodation (individual bedrooms accessible 24 hours, shared bathroom, kitchen, laundry and social spaces) - MSD subsidised accommodation (vacancies accessed via Night Shelter assessment and MSD approval).

Showers

Wesley Methodist Church 

75 Taranaki Street. | 04 384 7695

Showers available Monday-Friday, 9am-4pm.

Health

Evolve, Wellington Youth Service 

Level 2, James Smith Building, Corner Cuba Street and Manners Street | 04 473 6204

Monday-Thursday 10am-6pm, Friday 9am-5pm

Free healthcare and social support for people aged 10-25 years. Includes medical service, counselling, social support.

Te Aro Health Centre



331 Willis Street | 04 385 0255

Monday-Friday, 9am-12pm and 1pm-4.30pm

Very low cost access to primary health care services for those with a Community Services Card. Free access for homeless individuals. Clinical support provided for both physical and mental health needs.

Information and support

St Vincent De Paul Society 

207 Riddiford Street, Newtown | 04 389 7122

Monday-Friday, 9am-4.30pm

We provide a free, confidential social work service which includes: advocacy, support, food parcels, budgeting, and assistance with furniture and clothing.

Wellington City Mission



19 Gordon Place, Newtown | 04 245 0900

Reception: Monday-Thursday, 9am-3.30pm;

Friday, 10.30am-3.30pm

Drop In Centre:

Monday-Thursday, 9.30am-1.30pm;

Friday 10.30am-11.30am (Breakfast Packs only)

Foodbank: Monday-Friday, 8.30am-3pm

Please note: Times are subject to change.

We are closed first and third Friday of the month.

Shower, financial mentoring services, advocacy support, family.

DCM - together we can end homelessness in Wellington



2 Lukes Lane | 04 384 7699

Monday and Friday, 9am-12.30pm

Tuesday's, Wednesday's and Thursday's 9am-1pm

Monday and Friday afternoons Foodbank 1.30-4pm

DCM works with people experiencing homelessness or at risk of homelessness to find and sustain housing, access a benefit and manage their money, and to connect to health services and other support.

The Salvation Army

Wellington Community Ministries



Hope Centre, 26 Riddiford Street, Newtown
04 389 0594 (24/7)

Drop-in Centre: Monday-Friday, 10am-3pm

Shower, toilets, 20c hot drinks, newspaper, phone.

Welfare Office: Monday-Friday, 9.30am-4.30pm

Advocacy, foodbank, clothing and furniture assistance, emergency accommodation for families, social worker, low-cost counselling service, senior services, No Interest Loan Scheme and StepUP Loans.

Catholic Social Services



Level 1, 132 Tory Street (above Soup Kitchen) |
04 385 8642

Open Monday-Friday, 9am-5pm

Advocacy, budgeting, social work and counselling.

Wellington Homeless Women's Trust



homeless.org.nz

Information

Wellington City Council

101 Wakefield Street | 04 499 4444 (24/7)

Open Monday-Friday, 7.30am-5.30pm

General information and housing enquiries.







**Absolutely Positively
Wellington City Council**
Me Heke Ki Poneke



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-  Health
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-  Information and support
-  Shower
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