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**ORDINARY MEETING**

**OF**

**COMMUNITY, SPORT AND RECREATION COMMITTEE**

**MINUTE ITEM ATTACHMENTS**

**Time:** 9.15 am  
**Date:** Wednesday, 14 October 2015  
**Venue:** Committee Room 1  
Ground Floor, Council Offices  
101 Wakefield Street  
Wellington

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**Business**

**Page No.**

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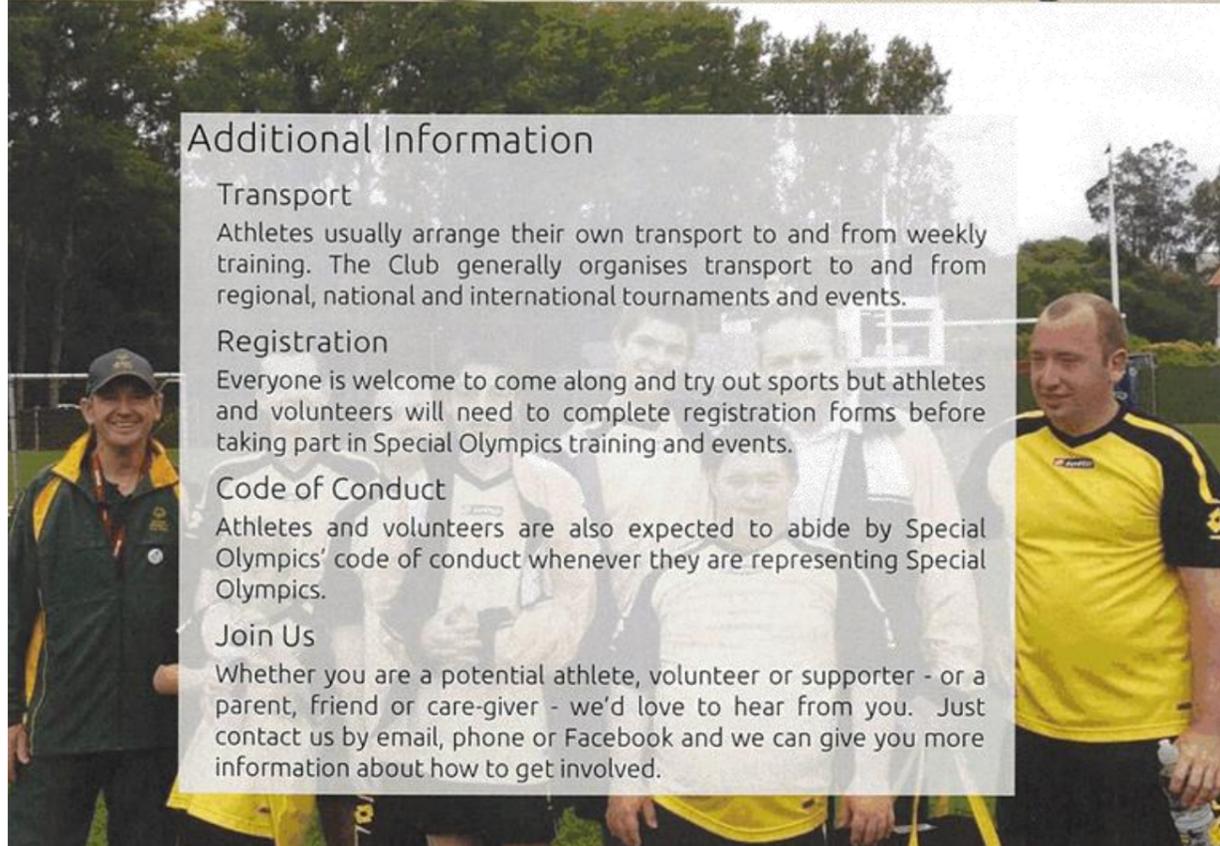
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Sports training and competition for children and adults with intellectual disabilities



## What we do

Special Olympics changes lives.

Special Olympics New Zealand is first and foremost a sports organisation for people with an intellectual disability but it provides athletes with far more than the physical benefits of sport.

It's about fun, friendships and team spirit. It's about a feeling of belonging, and ultimately improving quality of life. Through sport and leadership development opportunities, athletes develop both physically and emotionally, they make new friends, realise their dreams, and feel a sense of belonging.

Special Olympics Wellington is the local Club responsible for organising training and competition in the Wellington City area. The Club is affiliated to Special Olympics New Zealand and operates under SONZ Club Rules. Approximately 120 athletes are involved in a number of different sports, supported by around 40 volunteers.



### Beyond Sport

As athletes mature, they seek new challenges and look for ways to utilise the wisdom that comes from their life and Special Olympics experiences.

Athlete Leadership Programmes are designed to provide those challenges and opportunities, and demonstrate to the larger community that athletes have talents and interests that can sometimes go unnoticed.

### Athlete Leadership Programmes

Athlete Leadership Programmes enable athletes to explore opportunities for greater participation beyond sports training and competition: as coaches, officials, team captains, spokespeople and board/committee members.

These programmes support athletes looking for new challenges. Athletes amaze their communities with their commitment, drive and athletic skill, using their leadership skills to help direct and provide the programme for others.

### Athletes as Global Messengers

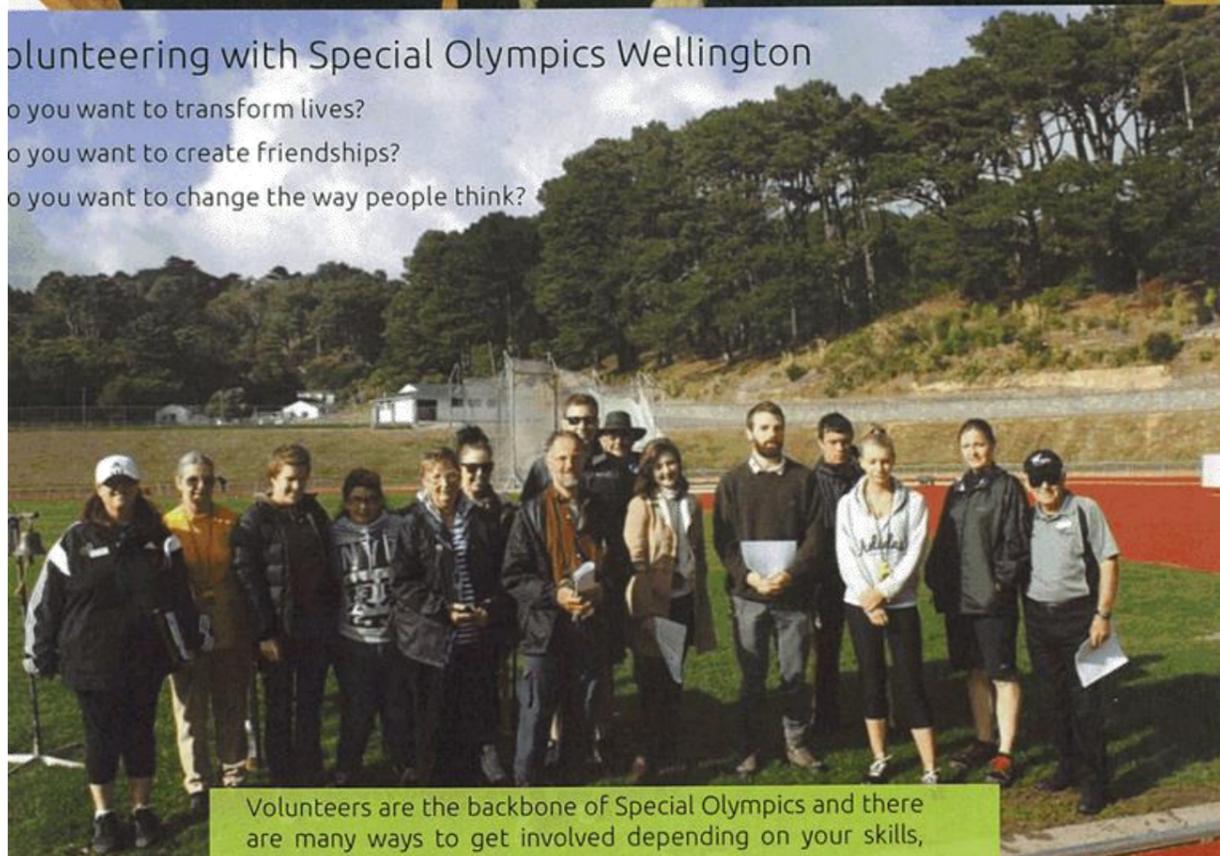
Global Messengers are athletes who attend workshops and training sessions to learn skills and gain confidence so that they are ready to help spread the Special Olympics message and vision.

They speak in their community and at seminars and conferences around New Zealand about intellectual disability, Special Olympics, and their own experiences.

Global Messengers have the confidence and skills to respond positively and proactively around issues important to the intellectual disability community.

### Volunteering with Special Olympics Wellington

- Do you want to transform lives?
- Do you want to create friendships?
- Do you want to change the way people think?



Volunteers are the backbone of Special Olympics and there are many ways to get involved depending on your skills,

### Sports Training and Events

Our sports programme begins with athletes training with their local squad in the sport or sports of their choice. Athletes will then be offered the option of participating in local competitions that are designed to meet the needs, abilities and ages of all athletes.

As an athlete's ability and confidence builds, they can work through a development pathway which includes regional events, NZ National Games, Trans-Tasman Games, Asia-Pacific Games and World Games.

Athletes will generally be asked to contribute towards the cost of regular training sessions and attending events. Contributions will be based on the actual cost, although the Club may subsidise activities so that participation remains affordable.

Contact us or visit the Special Olympics Wellington website for more information.

#### CONTACT US

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Website: [specialolympicswellington.org.nz](http://specialolympicswellington.org.nz)  
Facebook: [bit.ly/SO-WLG](https://www.facebook.com/SO-WLG)



### Special Olympics Wellington sports training schedule

Wednesday				
Equestrian	Two sessions: 9.30am and 11.30am	All Year	\$30 /session	Hutt Valley Riding for the Disabled, Silverstream
Football (Soccer)	6.00pm - 7.00pm	February to November	\$2 /session	Karori Recreation Centre, Karori
Bowling	Juniors: 4.30pm - 5.30pm Seniors: 5.30pm - 6.30pm	February to November	\$5 /game	Bowlarama, Newtown
Thursday				
Basketball	5.30pm - 7.00pm	March to November	\$4 /session	ASB Sports Centre, Kilbirnie
Saturday				
Athletics	10.00am - 11.30am	October to March	\$20 /season	Newtown Park, Newtown
Sunday				
Bocce	2.00pm - 3.30pm	February to June & September to November	\$2 /session	Mornington Golf Club, Berhampore
Golf	2.00pm - 3.30pm	October to March	\$50 /year	Mornington Golf Club, Berhampore
Aquatics	Two sessions: 5.00pm and 6.00pm	February to December	Pool Entry	Wellington Regional Aquatic Centre, Kilbirnie
Other Sports				
Snow Sports	Weekend trips and camps are arranged in conjunction with other Special Olympics Clubs in the Lower North Island			

### Want to Volunteer?

You could be a Coach, Assistant Coach, Team Manager or Team Administrator!

In these roles, volunteers contribute to a quality training and competition programme for our athletes. Prior sports experience is not essential – training is available.

Besides helping with the sports side, you could be a volunteer driver, events coordinator, tournament organiser; assist with our fundraising activities, leadership programme or Healthy Athletes programme; or help with Club communications.

### Volunteer Pathways

Special Olympics offers a wide variety of opportunities for volunteers who want to deepen their involvement. Opportunities include coaching and administration training, attending regional, national and international events, development of Unified Sport, Healthy Athletes and leadership programmes.

Contact us at wellington@specialolympics.org.nz for more information.



# Special Olympics Wellington

Presentation to Wellington City Council  
Community Sport and Recreation Committee  
14 October 2015



**Special Olympics**  
Wellington



## Special Olympics Mission



To provide year-round sports training and competition opportunities for children and adults with an intellectual disability

## A common misunderstanding



- Special Olympics is for people with an intellectual disability
- Paralympics is for disabled athletes mainly with a physical disability

## Eunice Kennedy Shriver



- Eunice Kennedy Shriver started Special Olympics in the USA in the 1960s
- Special Olympics NZ started in NZ in the 1980s
- Special Olympics Wellington also started in the late 1980s



## Fast facts – New Zealand



- Almost **50,000** people in New Zealand have an intellectual disability
- Special Olympics New Zealand supports athletes in **44 Clubs** around New Zealand, training about **7,000 athletes** of all abilities.
- Around **3,000 volunteers** provide sports training and support every week



## Sports offered in Wellington



- Swimming
- Skiing
- Athletics
- Basketball
- Bocce
- Bowling
- Horse-riding
- Football
- Golf



## Fast facts - Wellington Club



We train at several Council sports facilities:

- Kilbirnie Pool
- ASB Stadium
- Karori Recreation Centre
- Newtown Park



## International Games are held every four years



- World Summer Games were held in Los Angeles in July 2015.
- 2 athletes from Wellington were in the NZ Team of 36 athletes
- They won 3 medals
- 2 coaches from Wellington were in the NZ team of 17 coaches and support staff



## National Games



- National Summer Games are held every four years in a different city each time. The last National Summer Games were held in Dunedin



## National Games



- The next National Summer Games will be held in **Wellington** in late November 2017
- About 70 athletes from Wellington will compete in events over 4 days against teams from all over NZ
- About 20 volunteers will be the coaches and support crew.



... very important for Wellington...



- More than **1700 athletes** from around the country will descend on Wellington
- Around **500 coaches** and volunteers will support them
- Many family members will come too



## ...volunteering...



- There will be a chance for ordinary people from the Wellington region to be involved in some way
- We hope you will be keen to take part in some way.

## For more information...



- Subscribe to our monthly newsletter
- Check out our website

[www.specialolympicswellington.org.nz](http://www.specialolympicswellington.org.nz)

- 'Like' our Facebook page 'Special Olympics Wellington' and become a fan!



Thank you.



**Special Olympics**  
Wellington

