

Public swimming times during Alert Level 1



Wellington Regional Aquatic Centre (WRAC) - Valid from 22 September 2020

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
WRAC Main Pool							
Lane Swimming &	6am – 9pm	6am – 9pm	6am – 9pm	6am – 9pm	6am – 9pm	7am – 9pm	7am – 9pm
Aquajogging	6am – 9pm	6am – 7pm	6am – 9pm	6am – 7pm	6am – 7pm	7am – 9pm	7am – 7.30pm
50m set-up	N/A	N/A	N/A	6 – 8.30am	6 – 8.30am	7 – 8.00am	N/A
WRAC other pools							
Hydrotherapy Pool	6am – 9.30am 12pm – 2.45pm 5.30pm – 7.45pm	6am – 9.30am 12pm – 2.45pm 5.30pm – 7.45pm	6am – 9.30am 3.30pm – 7.45pm	6am – 11.00am	6am – 9.30am 3.30pm – 7.45pm	1pm – 7.45pm	1pm – 7.45pm
Programmes Pool	7am – 9am		7am – 9am		7am – 9am		
Toddlers Pool	10am – 6pm	10am – 6pm	10am – 6pm	10am – 6pm	10am – 6pm	10am – 6pm	10am – 6pm
Spray Pool	9am – 7pm	9am – 7pm	9am – 7pm	9am – 7pm	9am – 7pm	9am – 7pm	9am – 7pm
Spas & Saunas*	7.30am – 9pm	7.30am – 9pm	7.30am – 9pm	7.30am – 9pm	7.30am – 9pm	7.30am – 9pm	7.30am – 9pm

* Spas and Saunas - No sales after 8.15pm