

Changes to Group Fitness classes

Wellington Regional Aquatic Centre 2021



January

Date	Time	Class	Details	Reason
Sat 23 Jan	7.30am-9pm	Spin Room	Classes cancelled or moved to Grp Fit Room.	Swim Meet
	10am	Aqua Deep	Cancelled	Swim Meet
Sun 24 Jan	7.30am-9pm	Spin Room	Classes cancelled or moved to Grp Fit Room.	Swim Meet
	9.30am	Aqua Fit	Cancelled	Swim Meet
	10.30am	Pregnancy Aqua	Cancelled	Swim Meet
Mon 25 Jan	7.30am-9pm	Spin Room	Classes cancelled or moved to Grp Fit Room.	Swim Meet
	9.30am	Aqua Fit	Cancelled	Swim Meet
Fri 29 Jan	6.30am-8pm	Spin Room	Classes cancelled or moved to Grp Fit Room.	Swim Meet
	9.30am	Aqua Fit	Cancelled	Swim Meet
	12pm	Aqua Fit	Cancelled	Swim Meet
Sat 30 Jan	6.30am-8pm	Spin Room	Classes cancelled or moved to Grp Fit Room.	Swim Meet
	10am	Aqua Deep	Cancelled	Swim Meet

February

Date	Time	Class	Details	Reason
Sat 20 Feb	9am-9pm	Spin Room	Classes cancelled or moved to Grp Fit Room.	Swim Meet

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Sat 20 Feb	10am	Aqua Deep	Cancelled	Swim Meet
Sun 21 Feb	9am	Aqua Fit	Cancelled	Water Polo Competition
	10am	Pregnancy Aqua	Cancelled	Water Polo Competition

March

Date	Time	Class	Details	Reason
Sun 7 March	9am	Aqua Fit	Cancelled	Water Polo Competition
	10am	Pregnancy Aqua	Cancelled	Water Polo Competition
Sun 21 March	9am	Aqua Fit	Cancelled	Swim Meet
	10am	Pregnancy Aqua	Cancelled	Swim Meet
Fri 26 March	9.30am	Aqua Fit	Cancelled	Water Polo Competition
	12pm	Aqua Fit	Cancelled	Water Polo Competition
Sat 27 March	10am	Aqua Deep	Cancelled	Water Polo Competition
Sun 28 March	9am	Aqua Fit	Cancelled	Water Polo Competition
	10am	Pregnancy Aqua	Cancelled	Water Polo Competition

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April

Date	Time	Class	Details	Reason
Fri 9 April	7am-9pm	Spin Room	Classes cancelled or moved to Grp Fit Room.	UWH Competition
Sat 10 April	7am-9pm	Spin Room	Classes cancelled or moved to Grp Fit Room.	UWH Competition
	10am	Aqua Deep	Cancelled	UWH Competition
Sun 11 April	7am-4pm	Spin Room	Classes cancelled or moved to Grp Fit Room.	UWH Competition
Sun 18 April	9am	Aqua Fit	Cancelled	Swim Meet
	10am	Pregnancy Aqua	Cancelled	Swim Meet
Mon 19 April	6.30am-9pm	Spin Room	Classes cancelled	Swim Meet
	6.30am-9pm	Grp Fitness Room	Classes cancelled	Swim Meet
	9.30am	Aqua Fit	Cancelled	Swim Meet
Tues 20 April	6.30am-9pm	Spin Room	Classes cancelled	Swim Meet
	6.30am-9pm	Grp Fitness Room	Classes cancelled	Swim Meet
	12.15pm	Aqua Fit	Cancelled	Swim Meet
	6pm	Aqua Deep	Cancelled	Swim Meet
Wed 21 April	6.30am-9pm	Spin Room	Classes cancelled	Swim Meet

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	6.30am-9pm	Grp Fitness Room	Classes cancelled	Swim Meet
Thurs 22 April	6.30am-9pm	Spin Room	Classes cancelled	Swim Meet
	6.30am-9pm	Grp Fitness Room	Classes cancelled	Swim Meet
Fri 23 April	6.30am-9pm	Spin Room	Classes cancelled	Swim Meet
	6.30am-9pm	Grp Fitness Room	Classes cancelled	Swim Meet
	9.30am	Aqua Fit	Cancelled	Swim Meet
	12pm	Aqua Fit	Cancelled	Swim Meet

May

Date	Time	Class	Details	Reason
Fri 14 May	9.30am	Aqua Fit	1.2m side to side set-up (East to West)	Canoe Polo Competition
	12pm	Aqua Fit	1.2m side to side set-up (East to West)	Canoe Polo Competition
Sat 15 May	10am	Aqua Deep	Cancelled	Canoe Polo Competition
Sun 16 May	9am	Aqua Fit	Cancelled	Canoe Polo Competition
	10am	Pregnancy Aqua	Cancelled	Canoe Polo Competition

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June

Date	Time	Class	Details	Reason
Sat 5 June	10am	Aqua Deep	Cancelled	Canoe Polo Competition
Sun 6 June	9am	Aqua Fit	Cancelled	Canoe Polo Competition
	10am	Pregnancy Aqua	Cancelled	Canoe Polo Competition
Mon 7 June	9.30am	Aqua Fit	1.2m side to side set-up (East to West)	Canoe Polo Competition
Sat 12 June	10am	Aqua Deep	Cancelled (Aqua Fit available at 12:30pm)	Swim Meet
	7.30am-7pm	Spin Room	Classes cancelled or moved to Grp Fit Room.	Swim Meet
Sun 13 June	9am	Aqua Fit	Cancelled	Swim Meet
	10am	Pregnancy Aqua	Cancelled	Swim Meet
	7.30am-1pm	Spin Room	Classes cancelled or moved to Grp Fit Room.	Swim Meet
Sat 26 June	7.30am-9pm	Spin Room	Classes cancelled or moved to Grp Fit Room.	Swim Meet
	10am	Aqua Deep	Cancelled	Swim Meet
Sun 27 June	7.30am-9pm	Spin Room	Classes cancelled or moved to Grp Fit Room.	Swim Meet
	9am	Aqua Fit	Cancelled	Swim Meet
	10am	Pregnancy Aqua	Cancelled	Swim Meet

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July

Date	Time	Class	Details	Reason
Fri 2 July	7am-9pm	Spin Room	Classes cancelled or moved to Grp Fit Room.	UWH Competition
Sat 3 July	7am-9pm	Spin Room	Classes cancelled or moved to Grp Fit Room.	UWH Competition
	10am	Aqua Deep	Cancelled	UWH Competition
Sun 4 July	7am-4pm	Spin Room	Classes cancelled or moved to Grp Fit Room.	UWH Competition

September

Date	Time	Class	Details	Reason
Sat 4 Sept	10am	Aqua Deep	Cancelled	Canoe Polo Competition
Sun 5 Sept	9am	Aqua Fit	1.2m side to side set-up (East to West)	Canoe Polo Competition
	10am	Pregnancy Aqua	1.2m side to side set-up (East to West)	Canoe Polo Competition
Sat 25 Sept	10am	Aqua Deep	Cancelled	Swim Meet
	8am-6pm	Spin Room	Classes cancelled or moved to Grp Fit Room.	Swim Meet
Sun 26 Sept	9am	Aqua Fit	Cancelled	Swim Meet

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Sun 26 Sept	10am	Pregnancy Aqua	Cancelled	Swim Meet
	8am-6pm	Spin Room	Classes cancelled or moved to Grp Fit Room.	Swim Meet

October

Date	Time	Class	Details	Reason
Sat 2 Oct	10am	Aqua Deep	Cancelled	Water Polo Competition
Sun 3 Oct	9am	Aqua Fit	1.2m side to side set-up (East to West)	Water Polo Competition
	10am	Pregnancy Aqua	1.2m side to side set-up (East to West)	Water Polo Competition
Mon 4 Oct	9.30am	Aqua Fit	1.2m side to side set-up (East to West)	Water Polo Competition
Tues 5 Oct	12.15pm	Aqua Fit	1.2m side to side set-up (East to West)	Water Polo Competition
Fri 8 Oct	7am-9pm	Spin Room	Classes cancelled or moved to Grp Fit Room.	UWH Competition
Sat 9 Oct	7am-5pm	Spin Room	Classes cancelled or moved to Grp Fit Room.	UWH Competition
	10am	Aqua Deep	Cancelled	UWH Competition
Sat 23 Oct	7am-9pm	Spin Room	Classes cancelled or moved to Grp Fit Room.	UWH Competition
	10am	Aqua Deep	Cancelled	UWH Competition

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Sun 24 Oct	7am-9pm	Spin Room	Classes cancelled or moved to Grp Fit Room.	UWH Competition
Mon 25 Oct	7am-5pm	Spin Room	Classes cancelled or moved to Grp Fit Room.	

November

Date	Time	Class	Details	Reason
20 Nov	10am	Aqua Deep	Cancelled	Diving Comp
Fri 26 Nov	9.30am	Aqua Fit	1.2m side to side set-up (East to West)	Water Polo Competition
	12pm	Aqua Fit	1.2m side to side set-up (East to West)	Water Polo Competition
Sat 27 Nov	10am	Aqua Deep	Cancelled	Water Polo Competition
Sun 28 Nov	9am	Aqua Fit	1.2m side to side set-up (East to West)	Water Polo Competition
	10am	Pregnancy Aqua	1.2m side to side set-up (East to West)	Water Polo Competition