

Public swimming times during Alert Level 2



The table below shows public swimming times across our pools during level 2. Times outside of these are reserved for swim school and clubs. By having these set times we can ensure enough space is available and physical distancing is maintained at all times.

Please be aware that we do have maximum swimmer numbers in all of the pool spaces and may have to restrict entry during busy periods. Also please be aware of changes to our active supervision guidelines while swimming. For more information check our Facebook page.

Please note there is a change to the order of the pools below

	Mon 15 Nov	Tue 16 Nov	Wed 17 Nov	Thu 18 Nov	Fri 19 Nov	Sat 20 Nov	Sun 21 Nov	Aquajogging
Freyberg Pool								
Lane Swimming	6am - 9pm <i>(Limited 9.30-10.30am)</i>	6am - 6pm	6am - 9pm <i>(Limited 9.30-10.30am)</i>	6am - 6pm <i>(Limited 9.30-10.30am)</i>	6am - 9pm	7am - 7pm	7am - 7pm	Mon - Fri 8.30am - 4pm <i>(Excluding Mon, Wed & Thu 9.30-10.30am)</i>
Spa Pools <i>(Limited bookable)</i>	12pm-7pm	12pm-6pm	12pm-7pm	12pm-6pm	12pm-7pm	12pm-6.30pm	12pm-6.30pm	

The sauna, and steamroom are closed for now at Freyberg Pool | Limited lane space during aquajogging and aqua class times | The spa pools are open for limited bookings at the above times - you must book your space online on Eventfinda

Karori Pool								
Lane Swimming & Spa Pool	8.30am - 3.15pm	6am - 10am 2pm - 3.15pm 6pm - 9pm	8am - 3.15pm	6am - 9.30am 1.30pm - 3.15pm 6.30pm - 9pm	8.30am - 11.30am 2pm - 3.15pm	1pm - 7pm	7am - 8am	Mon 10am - 3pm Wed 8.30am - 11.30am Tue and Thu 6am - 9.30am Fri 8.30am - 9.30am
Recreational Swimming	Bookable sessions 8.30am - 3pm <i>Learners Pool only</i>	Bookable sessions 8am-10am & 2pm-3pm <i>Learners Pool only</i>	Bookable sessions 8am - 3pm <i>Learners Pool only</i>	Bookable sessions 8.30-9.30am & 2pm-3pm <i>Learners Pool only</i>	Bookable sessions 8.30-11.30am & 2pm-3pm <i>Learners Pool only</i>	Bookable sessions 1pm - 7pm <i>Learners Pool only</i>	Bookable sessions 2pm - 5pm	

The hydroslide is closed to the public at Karori Pool | Limited lane space during aquajogging and aqua class times | The spa pool and recreation space is available for limited bookings at the above times - you must book these spaces online on Eventfinda

Keith Spry Pool								
Lane Swimming, Divewell & Spa Pool	6am - 10.30am 12.00pm - 3.30pm 6.15pm - 9pm	8am - 10.30am 12.00pm - 3.30pm	6am - 10.30pm 12.00pm - 3.30pm 6.30pm - 9pm	8am - 10.30am 2.45pm - 3.30pm	6am - 10.30am 1.00pm - 3.30pm 6pm - 9pm	7am - 8.30am	4pm - 7pm	NB: Limited numbers for Aquajogging in the Divewell during lane swimming <i>(excl. Aqua class times)</i>
Recreation Swimming	NA	N/A	N/A	N/A	N/A	Bookable sessions 1pm - 5pm	Bookable sessions 4pm - 7pm <i>Children's Pool only</i>	

The children's pool, and sauna are closed to the public for now at Keith Spry Pool | Limited lane space during aqua class times | The spa pool and recreation space is available for limited bookings at the above times - you must book these spaces online on Eventfinda

Tawa Pool								
Lane Swimming & Spa Pool	8am - 10am 2.30pm - 3.30pm	6am - 9.30am 2.00pm - 3.30pm 7pm - 9pm	8am - 10am 2.30pm - 3.30pm	6am - 9.30am 2.00pm - 3.30pm 6.30pm - 9pm	8am - 10am 2.30pm - 3.30pm	3.30pm - 7pm	7am - 8am	N/A
Recreational Swimming	Bookable sessions 8am - 10am & 2.30-3.30pm <i>Learners Pool only</i>	Bookable sessions 8am - 9am & 2pm - 3pm <i>Learners Pool only</i>	Bookable sessions 8am-10am & 2.30pm-3.30pm <i>Learners Pool only</i>	Bookable sessions 8.30-9.30am & 2.30-3.30pm <i>Learners Pool only</i>	Bookable sessions 8-10am & 2.30-3.30pm <i>Learners Pool only</i>	Bookable sessions 3.30 - 7pm <i>Learners Pool only</i>	Bookable sessions 2pm - 5pm	

The spa pool and recreation space is available for limited bookings at the above times - you must book these spaces online on Eventfinda

Thorndon Pool								
Lane Swimming & Spa Pool	6.30am - 8pm	6.30am - 8pm	6.30am - 8pm	6.30am - 8pm	6.30am - 7pm	7.30am - 7pm <i>(Limited 2-7pm)</i>	7.30am - 7pm <i>(Limited 2-7pm)</i>	Mon - Fri Available all day but with limited space Sat and Sun 7.30am - 2pm
Recreation Swimming	N/A	N/A	N/A	N/A	N/A	Limited bookable sessions 2pm - 7pm	Limited bookable sessions 2pm - 7pm	

The spa pool and recreation space is available for limited bookings at the above times - you must book these spaces online on Eventfinda

Please Note: Pool space will be limited under the Delta Level 2 restrictions. Keep your swim short, be patient, no swimming in groups, and be prepared that we may be restricting entry if max capacity is reached.

All times and bookings are subject to change. Please see our Community Pools Facebook page for up-to-date information. This timetable will be dependent on the Alert Level remaining at Alert Level 2 in Wellington. We will continue to review these restrictions, based on any future changes to the alert levels.