

Public swimming times during Alert Level 2



The table below shows public swimming times across our pools during level 2. Times outside of these are reserved for swim school and clubs. By having these set times we can ensure enough space is available and physical distancing is maintained at all times.

Please be aware that we do have maximum swimmer numbers in all of the pool spaces and may have to restrict entry during busy periods. Also please be aware of changes to our active supervision guidelines while swimming. For more information check our Facebook page.

Please note there is a change to the order of the pools below

	Mon 25 Oct	Tue 26 Oct	Wed 27 Oct	Thu 28 Oct	Fri 29 Oct	Sat 30 Oct	Sun 31 Oct	Aquajogging
Freyberg Pool								
Lane Swimming	6am - 9pm <i>(Limited 9.30-10.30am)</i>	6am - 6pm	6am - 9pm <i>(Limited 9.30-10.30am)</i>	6am - 6pm <i>(Limited 9.30-10.30am)</i>	6am - 9pm	7am - 7pm	7am - 7pm	Mon - Fri 8.30am - 4pm <i>(Excluding Mon, Wed & Thu 9.30-10.30am)</i>

The spas, sauna, and steamroom are closed for now at Freyberg Pool | Limited lane space during aquajogging and aqua Class times

Karori Pool								
Lane Swimming	10am - 1pm	6am - 10am 6pm - 9pm	8am - 11am 1.30pm - 3.15pm	6am - 9.30am 1.30pm - 3.15pm 6.30pm - 9pm	8.30am - 11am 2pm - 3.15pm	1pm - 7pm	7am - 8am	Mon 10am - 1pm Wed and Fri 8.30am - 10.30am
Recreational Swimming	Bookable sessions 1pm - 6pm	Limited bookable sessions 8am-10am <i>Learners Pool only</i>	Limited bookable sessions 8am -11am & 1.30 -3.15pm <i>Learners Pool only</i>	Limited bookable sessions 8.30-9.30am & 1.30-3.15pm <i>Learners Pool only</i>	Limited bookable sessions 8.30 - 11am & 2pm - 3pm <i>Learners Pool only</i>	Limited bookable sessions 1pm - 7pm <i>Learners Pool only</i>	Bookable sessions 2pm - 5pm	Tue and Thu 6am - 9.30am

The spa pool and hydroslide is closed to the public for now at Karori Pool | Limited recreation space available at the times indicated above - you must book your space online | Limited lane space during aquajogging and aqua class times

Keith Spry Pool								
Lane Swimming & Divewell	10am - 1pm	8am - 11.30am 12.30pm - 3.30pm	6am - 3.30pm 6.30pm - 9pm	8am - 12.30am 2.30pm - 3.30pm	6am - 11.30am 1.30pm - 3.30pm 6pm - 9pm	7am - 8.30am	4pm - 7pm	NB: Limited numbers for Aquajogging in the Divewell during lane swimming <i>(excl. Aqua class times)</i>
Recreation Swimming	Bookable sessions 1pm - 6pm	N/A	N/A	N/A	N/A	Bookable sessions 1pm - 5pm	N/A	

The children's pool, sauna and spa pool is closed to the public for now at Keith Spry Pool | Limited recreation space in main pool at the times indicated above - you must book your space online | Limited lane space during aqua class times

Tawa Pool								
Lane Swimming	10am - 1pm	6am - 3.30pm 7pm - 9pm	8am - 9.30am 2.30pm - 3.30pm	6am - 9.30pm 2.30pm - 3.30pm 6.30pm - 9pm	8am - 3.30pm	3.30pm - 7pm	7am - 8am	N/A
Recreational Swimming	Bookable sessions 1pm - 6pm	Limited bookable sessions 8am - 3pm <i>Learners Pool only</i>	Limited bookable sessions 8 - 9.30am & 2.30 - 3.30pm <i>Learners Pool only</i>	Limited bookable sessions 8.30-9.30am & 2.30-3.30pm <i>Learners Pool only</i>	Limited bookable sessions 8am - 3pm <i>Learners Pool only</i>	Limited bookable sessions 3.30 - 7pm <i>Learners Pool only</i>	Bookable sessions 2pm - 5pm	

The spa pool is closed to the public for now at Tawa Pool | Limited recreation space available at the times indicated above - you must book your space online

Thorndon Pool								
Lane Swimming	11am - 7pm <i>(Limited 2-7pm)</i>	11am - 7pm	11am - 7pm	11am - 7pm	11am - 7pm	11am - 7pm <i>(Limited 2-7pm)</i>	11am - 7pm <i>(Limited 2-7pm)</i>	Tue - Fri 11am - 7pm
Recreation Swimming	Limited bookable sessions 2pm - 7pm	N/A	N/A	N/A	N/A	Limited bookable sessions 2pm - 7pm	Limited bookable sessions 2pm - 7pm	Mon, Sat and Sun 11am - 2pm

The spa pool is closed for now at Thorndon Pool | Limited recreation space in main pool at the times indicated above - you must book your space online

Please Note: Pool space will be limited under the Delta Level 2 restrictions. Keep your swim short, be patient, and be prepared that we may be restricting entry if max capacity is reached.

All times and bookings are subject to change. Please see our Community Pools Facebook page for up-to-date information. This timetable will be dependent on the Alert Level remaining at Alert Level 2 in Wellington. We will continue to review these restrictions, based on any future changes to the alert levels.